



5th Annual July Roy-Illerski

Name	Club / Team	Category	Activity Date	Activity Distance (km)	Activity Elapsed Time	Pace per / km	Type of Activity	Screenshot or link of your activity or	Picture or video from your activity
Dustin Williamson	Leavitt Nordic	Speedy Repeater (71.19km over multiple workouts)	7/1/2023	25.2	1:47:45	0:04:17	Roll	https://connect.garmin.com/modern/	
Dustin Williamson	Leavitt Nordic	Speedy Repeater (71.19km over multiple workouts)	7/5/2023	22.4	1:42:08	0:04:34	Roll	https://connect.garmin.com/modern/	
Dustin Williamson	Leavitt Nordic	Speedy Repeater (71.19km over multiple workouts)	7/12/2023	23.9	1:47:18	0:04:29	Roll	https://connect.garmin.com/modern/	
Dustin Williamson	Leavitt Nordic	Speedy Repeater (71.19km over multiple workouts)	7/15/2023	24.20	1:43:25	0:04:16	Roll	https://connect.garmin.com/modern/	
Dustin Williamson	Leavitt Nordic	Speedy Repeater (71.19km over multiple workouts)	7/22/2023	24.30	1:41:53	0:04:12	Roll	https://connect.garmin.com/modern/	
Dustin Williamson	Leavitt Nordic	Speedy Repeater (71.19km over multiple workouts)	7/29/2023	28.90	2:03:48	0:04:17	Roll	https://connect.garmin.com/modern/	
Ruth White		Speedy Repeater (71.19km over multiple workouts)	7/2/2023	16.35	01:02:30	0:03:49	Roll	https://connect.garmin.com/modern/	
Ruth White		Speedy Repeater (71.19km over multiple workouts)	7/4/2023	13.24	00:50:16	0:03:48	Roll	https://connect.garmin.com/modern/	
Ruth White		Speedy Repeater (71.19km over multiple workouts)	7/6/2023	13.24	00:50:13	0:03:48	Roll	https://connect.garmin.com/modern/	
Ruth White		Speedy Repeater (71.19km over multiple workouts)	7/9/2023	16.31	01:01:47	0:03:47	Roll	https://connect.garmin.com/modern/	
Ruth White		Speedy Repeater (71.19km over multiple workouts)	7/19/2023	12.1	00:46:48	0:03:52	Roll	https://connect.garmin.com/modern/	
Ruth White		Speedy Repeater (71.19km over multiple workouts)	7/22/23	13.29	00:50:11	0:03:47	Roll	https://connect.garmin.com/modern/	
Clara White		Speedy Repeater (71.19km over multiple workouts)	7/1/2023	11.36	00:50:01	0:04:24	Roll	https://connect.garmin.com/modern/	
Clara White		Speedy Repeater (71.19km over multiple workouts)	7/7/2023	19.47	01:10:00	0:03:36	Roll	https://connect.garmin.com/modern/	
Clara White		Speedy Repeater (71.19km over multiple workouts)	7/10/2023	16.33	01:02:00	0:03:48	Roll	https://connect.garmin.com/modern/	
Clara White		Speedy Repeater (71.19km over multiple workouts)	7/13/2023	8.88	00:35:00	0:03:56	Roll	https://connect.garmin.com/modern/	
Clara White		Speedy Repeater (71.19km over multiple workouts)	7/21/2023	24.84	01:30:00	0:03:37	Roll	https://connect.garmin.com/modern/	
FINAL RESULTS !									
Thank all of you for participating in this tremendous event.									