



**U16 Eastern Championship
Mountain Top Inn & Resort
March 6-8, 2020**

Team Leader Information

**MOUNTAIN TOP
INN & RESORT**



Contacts

Massachusetts

Joe Miller, josephrmiller55@gmail.com

Maine

Tim Whiton, whitonti@gouldacademy.org

New Hampshire

Jenn Rowe, conant.jenn@gmail.com

New York

Jessica Jordan, jesswjordan@gmail.com

Vermont

Linnea Manley, lmanley@acsdvt.org

Fred Griffin, fgriffin@fwsu.org

Midwest

Bjorn Hanson, midwestu16@gmail.com

Great Lakes

Carley Ziegler, greatlakesu16@gmail.com

NENSA Rep: Tom Weir, tom@nensa.net

TD: Bill Henchey, hencheybill@yahoo.com

TDA: Peter Reynolds, preyn@wcvf.com

Race Secretary: Mary Anne Levins, malevins@me.com

Mountain Top Contact: Roger Hill, rogerhill@mountaintoppinn.com

**MOUNTAIN TOP
INN & RESORT**



Schedule

Friday, March 6, 2020

12:00pm	Course opens for viewing	Nordic Trails
12:00pm	Race Headquarters open- Bib Pickup	Activity Center
1:00pm	Coaches Meeting	Activity Center
3:00pm	Girls 5km Freestyle Race	Nordic Trails
4:00pm	Boys 5km Freestyle Race	Nordic Trails
	PODIUM CEREMONY TO FOLLOW	
6:30pm	Pasta Dinner (Tickets pre-purchased)	Barn

Saturday, March 7, 2020

7:00am	Breakfast Buffet (Tickets pre-purchased)	Barn
7:30am	Race Headquarters opens	Activity Center
7:30am	Course opens for viewing	Nordic Trails
9:30am	Girls 5km Classic Race	Nordic Trails
10:30am	Boys 5km Classic Race	Nordic Trails
	PODIUM CEREMONY TO FOLLOW	
11:30am-1pm	Trails Closed for Grooming and Setting	Nordic Trails
1:00pm	Course opens for viewing	
2:00pm	Girls 1.5km Freestyle Sprint Race	Nordic Trails
3:00pm	Boys 1.5km Freestyle Sprint Race	Nordic Trails
6:30pm	Banquet and Awards	Barn

Sunday, March 8, 2020

7:00am	Breakfast Buffet (Tickets pre-purchased)	Barn
8:00am	Race Headquarters open- Bib Pickup	Activity Center
8:30am	Course opens for viewing	Nordic Trails
10:00am	4 X 2.5km mixed relay	Nordic Trails
12:30pm	Awards	Outside Activities

**MOUNTAIN TOP
INN & RESORT**



Event Website

Please refer to <https://nensa.net/u16-championships/> for updates and full championship rules

Registration

Please use the following Google Doc for registration.

Each state has their own tab for Team Leaders to indicate the following...

- 1) Racers seeded from fastest to slowest (Seed #1 being your fastest skier). All racers must be active NENSA members in order to participate in the event.
- 2) Shirt sizes for your racers.
- 3) The names of all coaches from your state.

Be sure to find your state's tab on the bottom and only fill out your respective tab.

<https://docs.google.com/spreadsheets/d/11X5zm6uu90WKOQvZl9EZ1uAKZrRRlqBblQtK5T9AxqE/edit?usp=sharing>

Payment

The registration fee is \$110 per skier. Please bring your team's payment to the Friday afternoon team leader meeting, **all checks should be made out to Mountain Top Inn & Resort.**

Awards and Scoring

The top 10 finishers in each individual race, and the top 3 relay teams shall be recognized with medals. The top 5 relay teams will be recognized. The top 3 overall skiers (those with the highest combined point total for the weekend) in the three individual events shall be recognized at the final awards ceremony. The overall team winner for the weekend will be recognized with the U16 Cup at the final awards ceremony. Guest skiers will be recognized at the awards ceremonies and included in the individual awards.

Wax Policy

- The use of non fluoro, low fluoro, or high fluoro paraffin glide wax will be allowed.
- Base structure will be allowed.
- Use of any fluorinated topcoat treatment in the glide zones will not be allowed. This includes the following:
 - Powders
 - Liquids
 - Blocks

For any questions regarding specific products or waxes please contact tom@nensa.net

**MOUNTAIN TOP
INN & RESORT**